Welcome to the Newly Matched Class of 2029!



Tucker Avra, MD, DVM | UCLA

Tucker Avra completed his undergraduate education and doctorate degree in veterinary medicine at the University of Georgia. After several years in practice, he completed his medical degree at UCLA, where he volunteered on the street medicine team and cared for unhoused individuals and their pets. Tucker is a local and national leader in education, training, and services focused on substance use prevention and harm reduction. In his spare time, he enjoys collecting art, painting, woodworking, tattooing, and gardening. Tucker is joining our community psychiatry track.



Briana Cortez, MD, MPH | University of Texas Rio Grande Valley

Briana Cortez completed her undergraduate degree in human physiology at Boston University, MPH at the University of Texas at Houston, and medical doctorate at the University of Texas Rio Grande Valley. She conducted research as an NIH Research Scholar and as a Harvard Visiting Research Intern at the Joslin Diabetes Center studying diabetes and aging. Brianna founded a parish mental health ministry, served as a health system navigator, and developed a curriculum to help medical students cultivate a sense of purpose. Outside of medicine, Brianna enjoys music, playing piano, swimming, embroidery, and board games.



Jenny Davis, MD | University of New Mexico

Jenny Davis completed her undergraduate degree in history at Barnard College and medical doctorate at the University of New Mexico. As a member of the longitudinal program for rural and urban underserved populations, she has longstanding interests in medical care for underserved communities, geriatrics, and end-of-life care. She has conducted research on resident attitudes toward geriatric psychiatry and examined outcomes of a fall prevention clinic. Jenny was co-chair and violinist of her medical school orchestra and enjoys sewing, printmaking, ceramics, and making and gifting functional art.



Ryan Dimentberg, MD, MBE | Harvard Medical School

Ryan Dimentberg completed his undergraduate degree in chemistry and philosophy and Master of Bioethics at the University of Pennsylvania before obtaining his medical doctorate at Harvard Medical School. He has conducted research on disparities in access to cardiac transplantation based on mental health conditions, substance use disorders, and social determinants of health. Ryan is a tutor for international and premedical students at Harvard College and he co-founded a meditation interest group for medical students. He enjoys playing board games, pick-up hockey, and documentaries about cycling and climbing.



Ashlee Guzman, MD, MPH | University of Miami

Ashlee Guzman completed her undergraduate degree in biology and psychology at Tufts and MD MPH at the University of Miami. She has conducted research on pharmacodynamic biomarkers of response to breast cancer chemoprevention and on the mental health and supportive care needs of Hispanic oncology patients. Ashlee has also led a program to promote lifestyle changes and weight loss among low-income patients and has held several school leadership, mentorship, and advising positions. In her spare time, she enjoys the four P's: pickleball, Pilates, photography, and planning events.



Danielle Herman, MD | Case Western Reserve

Danielle Herman completed her undergraduate studies in neuroscience at Princeton and her medical doctorate at Case Western, where she was a member and research co-chair of the world medicine pathway. She has conducted research on electroencephalographic and other biomarkers for adolescent depression and suicidal ideation, and she has experience as a mental health intern with The Centers for Families and Children, a member of an assertive community treatment team, and a crisis text line counselor. In her free time, Danielle enjoys podcasts, Ohio football, and visiting parks and libraries.



Shash Kala, MD | Yale

Shash Kala completed his undergraduate degree in environmental studies at Dartmouth and medical doctorate at Yale. He has longstanding interests in autism and developmental disorders and has conducted research on electroencephalographic and neuroimaging biomarkers for autism. As a health law and policy research fellow, he proposed state legislation to improve lead screening and services for children with elevated lead levels. He is a dancer and choreographer and has taught dance to refugee children. He also enjoys cooking and racquet sports. Shash is joining our child and adolescent psychiatry track.



Dan-Dan Li, MD, PhD | Yale

Dan-Dan Li completed her undergraduate degree in chemistry and biology at Harvard College and MD PhD at Yale. Her doctoral work in public health focused on the impact of COVID-19 and safety practices on children and schools. She developed state guidelines for reopening schools, created testing and vaccine protocols, and led vaccine education efforts. Dan-Dan also founded Education without Barriers, a nonprofit that provides education and mentorship for over 1,000 children in Asia and Africa who are orphaned or have chronic illness. Dan-Dan enjoys traveling, museums, meditation, nature, seal engraving, calligraphy, and music.



Abby Mandel, MD | Medical University of South Carolina

Abby Mandel completed her undergraduate degree in anthropology and biology at Tufts and her medical doctorate at the Medical University of South Carolina (MUSC). She has experience using bioinformatics to screen for psychiatric conditions, support guideline level disease management across medical specialties, and examine patient outcomes. Abby led outreach efforts and health fairs for local underserved communities and she secured funding for new, comprehensive street psychiatry services. In her spare time, Abby enjoys running, scuba diving with family, painting, collaging, and reading.

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Nicole McGuiggan, MD | University of Massachusetts

Nicole McGuiggan studied biology and English at Boston University and completed her medical doctorate at the University of Massachusetts. She was a clinical research coordinator at the MGH Martinos Center, where she used neuroimaging to study brain connectivity in autism, and she has also examined sex-based differences in autism. Nicole is a registered behavior technician for children with autism, and she led a medical school elective introducing students to care for persons with intellectual disability. She enjoys making flower arrangements, exploring coffee shops, creative writing, and reality television.



Elizabeth Menten, MD | NYU

Elizabeth Menten completed her undergraduate degree in chemical engineering at Columbia and her medical doctorate at NYU. Elizabeth has conducted research to identify neuroimaging biomarkers for Alzheimer's disease, led education efforts and outreach services for harm reduction, and provided education about sexual health, gender and identity, and mental health to middle and high school students. She is a strong advocate for increasing the representation of girls and women in STEM fields. Elizabeth enjoys hot yoga, latte art, ferry rides, and spending Sunday mornings at museums.



Lillie Reed, MD, MSc | Stanford

Lillie Reed completed her undergraduate studies in psychology and public health at Duke and a medical doctorate and Master in Epidemiology and Clinical Research at Stanford. They developed and led a mental health intervention for children and parents in migrant shelters in Tijuana, provided multiple modalities of therapy for children with PTSD in a stress and resilience clinic, and led a study of adolescent violence survivors in Kenya. Lillie enjoys embroidering, glass art, open water diving, and competitive axe throwing. She is joining our community psychiatry track.



Divya Saini, MD, MS | University of Pennsylvania

Divya Saini completed her undergraduate degree in computer science and Master in Management Science and Engineering at Stanford before obtaining a medical doctorate at the University of Pennsylvania. She is interested in advancing precision psychiatry by using artificial intelligence and machine learning to better understand disease susceptibility and treatment response, and by developing decision support tools that inform personalized treatment plans. Divya has helped lead her school's refugee clinic and developed trauma-informed interventions. In her spare time, she enjoys yoga, meditation, people watching, photography, and storytelling.



Justin Sanchez, MD | Washington University in St. Louis

Justin Sanchez completed his undergraduate degree in neuroscience at Harvard College and medical doctorate at Washington University in St. Louis. He was a clinical research coordinator, data analyst, and more recently co-investigator with an MGH lab that studies neuroimaging biomarkers for detecting and monitoring Alzheimer's disease. Justin developed a curriculum for medical students to help them rediscover ideals in medicine, and he is conducting a trial of a digital intervention for improving medical student mental health. He enjoys playing saxophone, guitar, piano, and singing, as well as exercising and reading.



Elischa Sanders, MD, PhD | UC San Diego

Elischa Sanders completed his undergraduate degree in neuroscience at the University of Washington and MD PhD at the University of California, San Diego. He is interested in applying systems neuroscience and electrophysiology to the study of neuromodulation treatment response. Elischa has been extensively engaged in community service, advocacy, and mentorship of youth and students from disadvantaged backgrounds. He enjoys basketball, weightlifting, hiking and time at the beach with his family and dogs.



Emily Strouphauer, MD | Baylor

Emily Strouphauer completed her undergraduate studies in biology at the University of Texas at Austin and her medical doctorate at Baylor. She has participated in an international study of the genetics of OCD in Hispanic populations and volunteered to help resettle refugees in the Houston area. Emily was captain of her undergraduate NCAA soccer team and she served as an instructor and mentor for medical student peers. She is aiming to run half marathons in all 50 states and enjoys crafting espresso drinks as a part-time barista.



Jimena Vizarreta Rosas, MD, MPH | Universidad de San Martin de Porres

Jimena Vizarreta completed her medical degree at Universidad de San Martín de Porres in Peru. She was a general practitioner in the rural Peruvian Amazon, independently caring for over 3,000 patients and leading national advocacy initiatives for women's reproductive rights. She also helped develop, implement, and evaluate an integrated perinatal mental health service. Jimena is currently completing her MPH at Harvard while collaborating on projects with the MGH Hispanic Clinic to reduce stigma and culturally adapt trauma-informed interventions. She enjoys water sports, natural landscapes, and cooking Peruvian dishes.



Christopher Zaro, MD | University of Massachusetts

Christopher Zaro completed his undergraduate degree in history at Williams College and medical doctorate at the University of Massachusetts. He has researched the clinical course of children with autism and the postoperative pain outcomes of neonates, with the goal of promoting opiate-sparing medications. Christopher is a strong advocate for reducing gun violence, working to increase firearm screening by pediatricians, promote safe storage of firearms, and coordinate buyback programs. Christopher ran the Marine Corps marathon and enjoys hosting dinner parties. He is joining our child and adolescent psychiatry track.